

Make contact with your N.D., make contact with your self!

Doctorerin in Cleveland THIS WEEK for a few days:

May 27th-May 31st

BUT she'll be back just a week later:

June 9th-June 13th

If you didn't get your spring cleanse in, it's not too late....the body loves to detox at any time! You can come in and discuss this plan and any other obnoxious symptoms or complaints. A few times left this week for the Cleveland dates, and even more in June....Call the office at 216-707-9137 for an appointment.

Not in Cleveland? So what!

I'm working with folks half a world away....with Skype, Google Chat and even the good old fashioned telephone, we can make contact whenever necessary to help you correct the imbalances in your life that contribute to creating illness.

Have you had a chance to send out your first tweet yet?

Well Doctor Erin has! Follow me on Twitter by searching username "Doctorerin" I'll be updating my tweets often with some useful health info....and perhaps a little bit of fun.

Here my last two tweets:

Buckwheat is not wheat, in fact, buckwheat is even gluten free. If you want gluten free, eat 100% buckwheat (check the label!) soba noodles

[about 16 hours ago](#) from [TwitterFon](#)

Did you know that polyester is made with the toxic metal antimony? My grandmother used to call it the "evil twins": "poly" and "ester".

[about 23 hours ago](#) from web

You can sign onto twitter at <http://twitter.com/>

Contact Fannie or I below at.....

--

Erin H. Holston Singh, N.D.
Options Naturopathic Clinic
Shreveport: 318-675-3676

Cleveland: 216-707-9137 Fax: 216-707-0162

doctorerin@gmail.com

www.optionsnaturopathic.com